Program overview
This conference will educate medical and behavioral health professionals on Transgender-related issues.

Learning objectives
1. Recognize the medical management of transgender individuals, which will include pubertal blockers, cross-sex hormones, and surgical options.

2. Demonstrate cultural competency for transgender and gender expansive youth, such as using the correct terminology, understanding the concepts of gender, and making the clinic a safe and welcoming space.

3. Recognize systematic barriers to obtaining health care services for transgender and gender expansive youth and apply skills to navigate the health care system for this vulnerable population.

Target Audience
Medical and behavioral health professionals

Faculty
Martin Seltman, MD
Adjunct Assistant Clinical Professor, University of Pittsburgh School of Medicine
Metro Community Health Center
Lori Fell, LCSW
Persad Center
Naomi Greenberg, LCSW
Private Practitioner
Dana Rofey, PhD
Assistant Professor of Pediatrics, University of Pittsburgh School of Medicine
Michael P. Marshal, PhD
Associate Professor of Psychiatry, University of Pittsburgh School of Medicine
Donette Svidron, CRNP, MSN
Psychiatric Nurse Practitioner, Allegheny Health Network
Andi Pilecki, MS, LPC
Private Practitioner
Joanne Goodall, CRNP (course director)
Nurse Practitioner, UPMC

Gerald T. Montano, DO, MS (course director), Clinical Instructor of Pediatrics, University of Pittsburgh School of Medicine
Selma Witchel, MD
Professor of Pediatrics, University of Pittsburgh School of Medicine
Jesse Gordon, DO
Family Physician
Metro Community Health Center
Frances Southwick, DO
Family Physician, UPMC Shadyside
Kristen Eckstrand, MD, PhD
Psychiatry Resident, WPIC
Steven Wolfe, DO, MPH
Assistant Dean, Allegheny Health Network Clinical Professor, LECOM
Gary Sadler, MSW, MPH (course director)
Transition Care Coordinator, UPMC

Conference Schedule at a Glance:
Joint Session
9:00 – 9:50 a.m. Putting the 'T' in LGBT in Pittsburgh: A History of Transcare in the 'Burg
Martin Seltman, MD

Conference Schedule at a Glance:
Behavioral Track
10:00 – 10:50 a.m. Overview of Persad Services
Lori Fell, LCSW
11:00 – 11:50 a.m. Double Rainbow: Supporting Youth on both the Autism and Gender Spectrums
Naomi Greenberg, LCSW
12:00 – 1:00 p  
Lunch  

1:10 – 2:00 p  
Weight Concerns in Youth Who Identify as Trans  
Dana Rofey, PhD  

2:10 – 3:00 p  
What We Know and What We Don’t Know About the Mental Health of Transgender Youth (TGY): A Review of the Literature  
Michael Marshal, PhD  

3:10 – 4:00 p  
The Transgender Client: An Approach to Behavioral Health Assessment, Monitoring, and Collaboration with the Medical Team  
Donette Svidron, CRNP,MSN  

4:10 – 5:00 p  
Trans Speaker Panel  
Moderator: Andi Pilecki, MS, LPC  

11:00 – 11:50 a  
Trans Health and Trauma  
Frances Southwick, DO  
Kristen Eckstrand, MD, PhD  

12:00 - 1:00 p  
Lunch  

1:10 – 2:00 p  
Sex Steroids and Gender Identity—the Endocrinologist’s Perspective  
Selma Witchel, MD  

2:10 – 3:00 p  
The Journey Begins: the Initial Medical Care for Sex Reassignment  
Gerald Montano, DO, MS  

3:10 – 4:00 p  
The Medically Complex Trans Patient  
Jesse Gordon, DO  

4:10 - 5:00 p  
Transcare and Comorbidities  
Steven Wolfe, DO, MPH  

Conference Schedule at a Glance:  
Medical Track  
10:00 – 10:50 a  
Transcare 101: Making the Clinic a Welcoming and Safe Space  
Joanne Goodall, CRNP  

Behavioral and Medical Tracks  
5:00 – 5:30 p  
Final Wrap Up and Evaluations  

5:30 p  
Adjournment  

Instructions to register  
To register: click here  
To pay: click here