WELCOME TO ALL!
We are pleased to announce recent PRIDE Health activities and look forward to engaging all of our members in our ongoing work.

ANNOUNCEMENTS

WELCOME TO NEW PRIDE Health Pitt Health Sciences Students AND UPMC GME Residents and Fellows:
- Please join us for a happy hour at 5001 Ellsworth Ave
- Thursday, September 8th, 6-8:00 p.m.

Children’s Hospital of Pittsburgh and the PERSAD Center are hosting a symposium entitled “Gender Care for Providers – Basics and Beyond” on Saturday, September 17th at the PERSAD Center in Lawrenceville. This symposium will have both a medical and a behavioral health track. Local providers and experts will discuss the basics of transgender care and more in-depth issues for experienced providers. The purpose of this symposium is to increase awareness about trans health so that providers in the region are comfortable in providing care to transgender and gender-expansive people of all ages. For more information, please contact Dr. Gerald Montano at gerald.montano@chp.edu.
- To register for this symposium, please go to http://www.brownpapertickets.com/event/2586106.
- Medical and mental health professionals can receive continuing education credits for attending this symposium.

The Center for LGBTQ Health Research holds a monthly meeting on the first Wednesday of each month, from 1-2:30 pm. If you are interested in coming to a meeting to learn more about the Center, other ongoing research projects, or have questions about the Center - feel free to contact Ron Stall, Nina Markovic, or Tony Silvestre (rstall@pitt.edu, nina@pitt.edu, tonyx@pitt.edu).

Meeting for those with interest in Sexual Minority Women’s Health Issues
- Are you interested in developing research related to sexual minority women’s health? Researchers, scholars and students are invited to a special meeting of those interested in sexual minority women’s health research. The intent of the meeting is to focus on discussing ideas, exploring potential collaborations, and possible directions in developing research projects related to lesbian and bisexual women’s health. If you know of others who may be interested in attending, please feel free to invite them.
- This meeting is scheduled for Wednesday, August 10th at 1:00 PM in the Stoner Conference Room, 2nd Floor, Keystone Building, 3520 Fifth Avenue (near the intersection of Fifth and Meyran Avenues).
- Please let us know if you are interested in phoning in and/or using Go To Meeting so that we have a head count. Any other suggestions or questions, feel free to send Nina Markovic and/or Tony Silvestre an email: nina@pitt.edu or tonyx@pitt.edu

MEMBERSHIP UPDATES

PRIDE Health has welcomed 18 new members since May 2016, including entering Residents and Fellows. Visit our PRIDE list to see our colleagues.

PRIDE Health joined with the UPSOM student LGBTQ-FAM (People and Allies in Medicine) group to host medical school applicants at a 2nd look event.

PRIDE Health was well represented at the Pittsburgh Pride March in June:
CLINICAL UPDATES

The Gender and Sexual Development Program of the Center for Adolescent and Young Adult Health (CAYAH) is a collaborative effort of medical, mental health, and social work providers and has been serving transgender and gender-expansive clients in the Pittsburgh area for 5 years.

We have provided services to over 150 youth thus far. We work in collaboration with Dr. Selina Witchel of Pediatric Endocrinology as well as an extensive network of community providers of all disciplines to provide comprehensive care to our clients who range in age from young childhood to age 26.

We provide thorough medical and mental health assessments, encourage shared decision making with clients and their parents/guardians if involved, and medication to allow physical transformation to the body to more closely match the client’s gender identity.

Please call 412-692-6677 to make an appointment for "Gender Services". Click here for more information.

EDUCATIONAL UPDATES

Medical School Curriculum Project

LEADERS: Chris David, MSJ
        Jason Rosenstock, MD, Chair-UPSSOM Curriculum Committee

PRIDE Health members have been working with UPSOM Course Directors to develop new LGBTQI patient care-oriented material for the preclinical years.

Microbiology, Immunology, and Genetics will present new course material of relevance to caring for LGBTQI patient populations, including epidemiology, high risk disease processes, and treatment regimens in addition to aspects of sexual development, gender identity, sexual orientation.

Other courses such as Medical Interviewing, Anatomy and Ethics, Law & Professionalism will direct attention to PBL-based cases inclusive of LGBTQI community members to increase exposure and awareness for medical students. A new case involving a transgender adolescent was written by Dr. Frances Southwick and colleagues for the Behavioral Medicine course.

General Internal Medicine Curriculum Project

LEADERS: Ebolo Ufonma, MD
        Peggy Hasley, MD, PhD
        Kristen Eckstrand, MD, PhD

As part of her Masters in Medical Education project, Dr. Ufonma working with Drs. Hasley and Eckstrand created 4 case-based iterative modules for the General Internal Medicine Residency Program on issues of relevance to caring for LGBTQI individuals. The first module addressed questions such as: What is the impact of minority stress on the LGBT population? What are the barriers to care for the LGBT population and some strategies to overcome these barriers? What is the difference between gender expression and gender identity? Sexual orientation? Sexual behavior?

Pathology Curriculum Project

LEADERS: Sreemayee Bhavsar, MBBS, MD, PGY-1, Department of Pathology
        Octavia M Peck Palmer, MD [Medical Director, Automated testing laboratories at UPMC Presbyterian, SHY and CHP]

The goal of this Quality Improvement project is to generate high quality evidence-based recommendations regarding critical laboratory values to ensure appropriate care for people who are transgender and transitioning. We want to understand the specific health needs of the individuals and ascertain if there are critical laboratory values that should be publicized to optimize care.

RESEARCH UPDATES

Center for LGBT Health Research, Graduate School of Public Health

The Center for LGBT Health Research is continuing its long tradition of advancing research on LGBT Health in a number of areas and continues to serve as a national and international leader in this area. We are continuing our record to publish on a wide range of health disparities issues among LGBT populations, with 30 peer-reviewed publications appearing in the scientific literature in 2015 alone. These publications are supported by a number of NIH-funded R01 projects and other R-level grants to Center faculty, along with generous foundation support for training and research projects. Highlights for the current year include the following:

The amfAR training program for HIV prevention research in low- and middle-income countries was supported by the Foundation for AIDS Research, has supported a training program for scholars from developing world countries to come to the Graduate School of Public Health to receive training in HIV prevention research. This training culminates in the submission of grants to amfAR for funding to support the completion of research projects in developing world countries, and is the only such program to work to develop expertise among developing world scholars to field HIV prevention projects among gay men, men who have sex with men and transgender populations in the developing world. To date, we have trained four cohorts of scholars at Pitt. The first set of publications from these research projects – all conducted by developing world scholars – will soon appear in a special issue of AIDS and Behavior. The 13 papers which will appear in the special issue report findings from a number of innovative projects – some never before attempted in their regions and some unique in the global literature—were conducted in the Middle East, Africa, South-East Asia and Central Asia.

The ESTHER lesbian health study successfully enrolled over 800 lesbian identified and heterosexual women during 2003-2006. This past year, with funding from the Lesbian Health Fund (GLMA) Dr. Suzanne Kinsky re-contacted ESTHER participants, and received updated health information from over 400 women, for a response rate of 50% at this 10 year follow-up. This exceeded the expected response rate of 55%. Results from data analysis will be forthcoming.... Thanks to all who helped to support the project!
PRIDE Health Overview

MISSION
The mission of PRIDE Health is to serve faculty, staff, students, residents, fellows, and providers in the Lesbian, Gay, Bisexual, Transgender, Queer, Intersex (LGBTQI) community and its allies throughout the University of Pittsburgh Schools of Health Sciences and the University of Pittsburgh Medical Center (UPMC) to create a safe, visible, and vibrant environment for education, research, mentoring, support, and advocacy.

GOALS

- Foster connections among LGBTQI faculty, staff, trainees, students, and allies to create stronger LGBTQI communities, advocacy, and resources at multiple levels throughout the Health Sciences Schools, the University, and the Health System.
- Create a network of interested individuals for professional support and mentoring.
- Develop greater visibility for high-quality scholarship and research about LGBTQI health issues.
- Improve healthcare for members of our community.
- Educate the health sciences community about the unique health disparities and concerns of LGBTQI patients.
- Enhance recruitment of talented LGBTQI faculty, staff, fellows, residents, and students seeking a safe and nurturing community.

PRIDE LIST
The PRIDE list provides a database of LGBTQI and our Allies in the Pitt and UPMC community. This resource is meant to connect current and incoming members of our community by a wide range of academic, clinical and other interests. Check the PRIDE list and connect with members by email or phone! If you are interested in being on the PRIDE list, e-mail us today!